

CHAPTER - 10

"THE UNSTOPPABLE SOUL SURFER"

- **Thirteen-year-old Bethany Hamilton was surfing in crystal clear, calm waters in Kauai, Hawaii, with her friend Alana Blanchard and the Hanalei girls surf team.**

പതിമൂന്നുകാരിയായ ബെഥാനി ഹാമിൽട്ടൺ ഹാവായിലെ കവായിൽ സൂപ്പർ അലാന ബ്ലാഞ്ചാർഡിനും ഹനാലി പെൺകുട്ടികളുടെ സർഫിംഗ് ടീമിനുമൊപ്പം തെളിഞ്ഞ ശാന്തമായ കടലിൽ സർഫിംഗ് നടത്തുകയായിരുന്നു.

- **While relaxing on her board, a massive tiger shark suddenly attacked, biting off her left arm almost to the shoulder and taking a chunk out of her surfboard.**

ബോർഡിൽ വിശ്രമിക്കുമ്പോൾ ഒരു വലിയ ടൈഗർ ഷാർക്ക് പെട്ടെന്ന് ആക്രമിക്കുകയും അവളുടെ ഇടത് കൈ തോളറ്റം കടിച്ചുമാറ്റുകയും സർഫ് ബോർഡിന്റെ ഒരു ഭാഗം നശിപ്പിക്കുകയും ചെയ്തു.

- **Initially, Bethany felt intense pressure and "jiggle-jiggle" tugs but experienced no immediate pain as the shark's serrated teeth sawed through the board and her bone.**

തുടക്കത്തിൽ ബെഥാനിക്ക് വലിയ സമ്മർദ്ദവും വലിച്ചിലും അനുഭവപ്പെട്ടെങ്കിലും വേദന തോന്നിയില്ല; സ്രാവിന്റെ മുർച്ചയുള്ള പല്ലുകൾ ബോർഡും അവളുടെ അസ്ഥിയും മുറിച്ചു മാറ്റി.

- **Alana's brother and father, Byron and Holt, rushed to her aid. Holt remained calm, pushed her over the reef on her board, and used his rash guard as a tourniquet to slow the bleeding.**

അലാനയുടെ സഹോദരൻ ബൈറോണും പിതാവ് ഹോൾട്ടും ഉടൻ സഹായത്തിനെത്തി. ഹോൾട്ട് പരിഭ്രമിക്കാതെ അവളെ ബോർഡിൽ കരയിലേക്ക് എത്തിക്കുകയും തന്റെ വസ്ത്രം ഉപയോഗിച്ച് രക്തസ്രാവം തടയാൻ കെട്ടുകയും ചെയ്തു.

- **Holt insisted Bethany keep talking to him throughout the rescue to ensure she did not pass out.** ബോധം പോകാതിരിക്കാൻ യാത്രയിലുടനീളം തന്നോട് സംസാരിച്ചുകൊണ്ടിരിക്കാൻ ഹോൾട്ട് ബെഥാനിയോട് നിർദ്ദേശിച്ചു.

- **At the hospital, Dr. Rovinsky performed surgery, shifting the focus from her lost limb to saving her life.** ആശുപത്രിയിൽ ഡോക്ടർ റോവിൻസ്കി ശസ്ത്രക്രിയ നടത്തി; അവളുടെ ജീവൻ രക്ഷിക്കുന്നതിലായിരുന്നു അപ്പോഴത്തെ ശ്രദ്ധ.

- **Bethany initially feared her surfing days were over, even telling her father she wanted to become a surf photographer instead.** തന്റെ സർഫിംഗ് ദിനങ്ങൾ അവസാനിച്ചുവെന്ന് ബെഥാനി ആദ്യം ഭയപ്പെട്ടു, പകരം ഒരു സർഫ് ഫോട്ടോഗ്രാഫർ ആകാൻ ആഗ്രഹിക്കുന്നുവെന്ന് അവൾ പിതാവിനോട് പറഞ്ഞു.

- **Her parents and brothers, Noah and Timothy, stayed strong for her, providing the encouragement she needed to regain her spirits.** അവളുടെ മാതാപിതാക്കളും സഹോദരങ്ങളായ നോഹയും തിമോത്തിയും അവൾക്ക് വലിയ പിന്തുണ നൽകുകയും അവളുടെ ആത്മവിശ്വാസം വീണ്ടെടുക്കാൻ സഹായിക്കുകയും ചെയ്തു.
- **Upon leaving the hospital, Bethany realized her life had changed as a "mob" of reporters sought her story. She eventually agreed to interviews to inspire others.** ആശുപത്രി വിടുമ്പോൾ തന്റെ ജീവിതം മാറിയിട്ടുണ്ട് അവൾ തിരിച്ചറിഞ്ഞു; മറ്റുള്ളവർക്ക് പ്രചോദനമാകാൻ വേണ്ടി അവൾ വാർത്താമാധ്യമങ്ങൾക്ക് അഭിമുഖം നൽകാൻ സമ്മതിച്ചു.
- **Within a month, Bethany returned to the water. She had to learn a new technique, placing her hand flat on the center of the deck to stand up rather than grabbing the rails.** ഒരു മാസത്തിനുള്ളിൽ ബെഥാനി വീണ്ടും കടലിലെത്തി. സർഫ് ബോർഡിൽ എഴുന്നേറ്റു നിൽക്കാൻ അവൾ പുതിയ രീതികൾ പഠിച്ചെടുത്തു.
- **After a few failed attempts that left her discouraged, she successfully caught a wave and stood up, bringing her to tears of joy.** ആദ്യത്തെ കുറച്ച് ശ്രമങ്ങൾ പരാജയപ്പെട്ടെങ്കിലും ഒടുവിൽ അവൾ ഒരു തിരമാലയിൽ എഴുന്നേറ്റു നിന്നു; സന്തോഷം കൊണ്ട് അവളുടെ കണ്ണുകൾ നിറഞ്ഞു.
- **Bethany became a professional surfer and a "bearer of hope." Her story was published in her autobiography *Soul Surfer* and later adapted into a 2011 major motion picture.** ബെഥാനി ഒരു പ്രൊഫഷണൽ സർഫറായി മാറുകയും ലോകത്തിന് പ്രത്യാശയുടെ പ്രതീകമാവുകയും ചെയ്തു. അവളുടെ കഥ 'സോൾ സർഫർ' എന്ന പേരിൽ പുസ്തകമായും സിനിമായും പുറത്തിറങ്ങി.

Shell-shocked: അങ്ങേയറ്റം അമ്പരന്ന അവസ്ഥ.

Unstoppable: തടയാനാവാത്ത.

Warning: മുന്നറിയിപ്പ്.

Crystal clear: സ്പഷ്ടികതയുള്ളതല്ലെങ്കിൽ തെളിഞ്ഞ.

Inconsistent: സ്ഥിരതയില്ലാത്ത.

Dangling: തൂങ്ങിക്കിടക്കുന്ന.

Suddenly: പെട്ടെന്ന്.

Pressure: സമ്മർദ്ദം.

Massive: കൂറ്റൻ / വലിയ.

Serrated: ഈർച്ചവാളിന്റെ

പല്ലുപോലെയുള്ള.

Tourniquet: രക്തസ്രാവം തടയാൻ മുറിവിനു മുകളിൽ കെട്ടുന്ന തുണി.

Pass out: ബോധം മറയുക.

Surgery: ശസ്ത്രക്രിയ.

Gently: സൗമ്യമായി.

Focus: ശ്രദ്ധ കേന്ദ്രീകരിക്കുക.

Eager: ആകാംക്ഷയുള്ള.

Doubted: സംശയിച്ചു.

Photographer: ചിത്രഗ്രാഹകൻ.

Pep talk: പ്രോത്സാഹന പ്രസംഗം.

Brave face: ധൈര്യം പ്രകടിപ്പിക്കുക.

Bones: അസ്ഥികൾ. Stub: ബാക്കി നിൽക്കുന്ന ഭാഗം (മുറിഞ്ഞ കൈയുടെ ബാക്കി). In a flash: കണ്ണിമയ്ക്കുന്ന നേരത്തിനുള്ളിൽ. Panicked: പരിഭ്രമിച്ചു. Spewing: ചീറ്റുക (രക്തം ചീറ്റുന്നത്). Artery: ധമനി. Determination: ദൃഢനിശ്ചയം Resilience: പ്രതിസന്ധികളെ അതിജീവിക്കാനുള്ള കരുത്ത്. Tenacity: വിട്ടുകൊടുക്കാത്ത മനോഭാവം.	Protector: സംരക്ഷകൻ. Encourage: പ്രോത്സാഹിപ്പിക്കുക. Burden: ഭാരം (സാമ്പത്തിക ബാധ്യത). Entrance: പ്രവേശന കവാടം. Spotlight: ശ്രദ്ധാകേന്ദ്രം. Autograph: കൈയൊപ്പ്. Inspiration: പ്രചോദനം. Bizarre: വിചിത്രമായ. Recognition: അംഗീകാരം. Discouraged: നിരാശനായി. Technique: സാങ്കേതിക വിദ്യ / രീതി.
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1. Write a character sketch of Bethany Hamilton

Character Sketch Of Bethany Hamilton

Bethany Hamilton is a very brave and strong girl. She loves surfing more than anything else. Even after a shark attacked her and she lost her left arm, she did not lose her hope. She is a girl with great willpower. At first, she was very sad, but she did not give up her dream.

She worked very hard to learn surfing again with only one arm. She is a very simple and humble person. She does not like to be famous, but she talks to people to give them courage. She teaches us that we can win if we try hard.

2. While at the hospital, Bethany tries to console herself and regain self-confidence. She decides to dream differently. She jots down her feelings and thoughts in her diary. Help her complete the diary entry.

20 May 2003

Friday

What an unexpected day it was ! Everything changed in just a split second. At first, I felt very sad and angry. I thought my surfing days were over forever. I even told my Dad that I might become a surf photographer instead. But now, I am thinking differently. Surfing is my life, but it is not everything. I have my life, and I have my family. I need to be brave. I will not let this accident stop me. If I cannot surf like before, I will find a new way to do it. I must have hope and try again. I will dream a new dream and show the world that I am still a surfer at heart.

3. Imagine Bethany successfully surfed for the first time after the accident. Write her diary entry.

20 May 2003

Friday

Today was the happiest day of my life. I went back to the sea today. At first, I was very afraid. I thought I could never surf again with only one arm. I fell down into the water many times. But my Dad encouraged me a lot. He told me to try one more time. Finally, I caught a big wave and stood up on my board. I felt so happy. I even cried with joy. Now I know that nothing can stop me. I am a surfer again!

4. Write a news report about the shark attack on Bethany.

SHARK ATTACKS YOUNG SURFER

KAUAI: A 13-year-old girl named Bethany Hamilton was attacked by a shark yesterday. She was surfing with her friends at Tunnels Beach. The water was very calm and clear. Suddenly, a big tiger shark came and bit off her left arm.

Bethany was very brave and did not scream in fear. Her friends helped her reach the shore quickly. They used a piece of cloth to stop the bleeding. She was taken to the hospital immediately. Doctors say she is safe now. The whole village is praying for the young surfer.

5. You are a reporter. Prepare 6 questions to interview Bethany.
1. How do you feel now after returning to the sea for surfing?
 2. Can you tell us what happened on the day of the attack?
 3. Did you feel any pain when the shark bit your arm?
 4. Who helped you the most during your difficult days in hospital?
 5. What was the most difficult thing to learn with only one arm?
 6. What is your message to other children who are facing big problems?
6. Imagine you are a fan of Bethany Hamilton. After reading her story, you feel very inspired. Prepare an **Email** to Bethany Hamilton congratulating her on her courage and success.

From: anup@gmail.com

To: bethanyhamilton@email.com

Date: 26 April 2026

Subject: A message of love and respect

Dear Bethany,

I am a student from Kerala, India. I just read your story, "The Unstoppable Soul Surfer," in my English textbook.

I am writing this email to tell you how much you inspire me. I was very sad to read about the shark attack. But I was very happy to see that you did not give up your dream. You are a very brave and strong person. Your life teaches me that we can overcome any problem with hard work and hope.

You are a real hero. I want to become a brave person like you. I wish you all the best for your future.

With lots of love,

Anup

7. Prepare a write-up / review on the life of Bethany Hamilton based on the lesson 'The Unstoppable Soul Surfer'.

The Unstoppable Soul Surfer

Bethany Hamilton was a young girl from Hawaii who loved surfing very much. One morning, she was surfing with her friends in the calm sea. Suddenly, a big tiger shark attacked her and bit off her left arm. It happened in a split second. Bethany was very brave and did not panic. Her friends helped her reach the shore, and she was taken to the hospital immediately.

After the accident, Bethany was very sad. She thought she could never surf again. It was very difficult to balance on the surfboard with only one arm. But Bethany had great willpower and she did not give up her dream. Her family encouraged her to try again. She worked very hard every day to learn how to surf with only one arm.

Finally, Bethany returned to the sea and became a professional surfer again. Her story is a great message of hope for everyone. She proves that we can overcome any big problem with courage and hard work. She is a real hero who teaches us to never give up on our dreams.

8. Bethany Hamilton's life is a story of great struggle and victory. Prepare a narration on the life of Bethany Hamilton to be presented in your school assembly.

The Inspiring Story of Bethany Hamilton

Bethany Hamilton was a young and talented girl born in Hawaii. From a very young age, she loved the ocean and was a very good surfer. Surfing was her life and her greatest passion. Every morning, she went to the sea to practice with her friends.

One morning, while she was waiting for a wave, a terrible thing happened. A large tiger shark attacked her and bit off her left arm. It happened very fast, in just a split second. Bethany did not cry or panic. She remained calm and reached the shore with the help of her friends. Even though she lost a lot of blood, she survived because of her courage.

After the accident, many people thought she would never surf again. At first, Bethany was also sad. It was very hard for her to balance on the board with only one arm. But she had a very strong mind. Her family gave her great support. She practiced every day with a special surfboard. Because of her hard work and willpower, she returned to the sea. Today, she is a world-famous professional surfer. Her life teaches us that we should never give up, no matter how big our problems are.

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