

SAMAGRA SHIKSHA, KERALA
SUMMATIVE ASSESSMENT – III- 2025-26
Health & Physical Education, Art Education
and Work Integrated Education

Class : IX

Time : 2 hrs

Score : 45

Instructions

- Question paper includes 3 parts - Health & Physical Education, Art Education and Work Integrated Education.
- Each Part carries 15 Score.
- Use separate answer sheets for each parts.
- Write Subject, Name, Class and Roll Number on each answer sheets.
- First 15 minutes may be allotted as cool off time.

Health and Physical Education

Score : 15

1. Read the statements given below and select the correct answer.
 A. Place the drowning victim on a flat surface.
 B. Check whether the drowning victim is breathing and whether the chest or abdominal area is rising and falling.
 1. Only B is correct
 2. Only A is correct
 3. Both A and B are correct
 4. Both A and B are incorrect. (1 score)
2. Match the following appropriately and write the correct answer from the given options.

Activity	Components of Physical Fitness
A. Gymnastics	1. Power
B. Catching in Cricket	2. Reaction time
C. Crouch start	3. Coordination
D. High jump	4. Balance

- I. A-3 B-2 C-1 D-4
 - II. A-2 B-3 C-4 D-1
 - III. A-4 B-3 C-2 D-1
 - IV. A-1 B-4 C-3 D-2 (1 score)
3. The Kalenjin tribe are the best long-distance runners; improved aerobic capacity is the reason. What are the factors that increase their aerobic capacity? (2 scores)

4. Write the names of the four major Vallamkali (boat race) competitions conducted in Kerala. (2 scores)
5. What is meant by sports culture? Explain. (2 scores)
6. Explain the benefits of practicing Padahastasana. (2 scores)
- 7A. What are the safety equipment used in kayaking competitions? (2 scores)

OR

- 7B. Beach sports and recreational activities are more safe and enjoyable. Give reasons. (2 scores)
- 8A. What is mountain biking / cycling? What are the special features of the bicycle used for it? (3 scores)

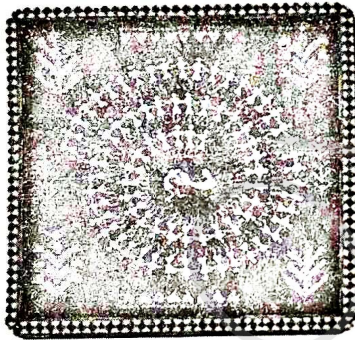
OR

- 8B. What is hang gliding? Describe briefly. (3 scores)

Art Education

Score : 15

1.



This is an Indian traditional style painting.
Select the correct statement from the following regarding this picture.

Statement 1: People performing Pung Cholam dance are depicted in Warli style.

Statement 2: People dancing around a person playing the Tarpa musical instrument are depicted in Warli style.

Statement 3: People performing Ghoomar dance are depicted in Madhubani style.

Statement 4: People performing Sattriya dance are depicted in Gond style.

- a) Statements 1 and 3 are correct, 2 and 4 are wrong.
b) Statements 1 and 4 are correct, 2 and 3 are wrong.
c) Statement 1, 3 and 4 are correct, 2 is wrong.
d) Statement 2 is correct, 1, 3 and 4 are wrong.

(1 Score)

2. Select the appropriate option from the pairs given below.

A. MM Keeravani	1. Software
B. Audacity	2. Background Music
C. Hyderali	3. Music Director
D. BGM	4. Kathakali Music
	5. Light Music

- a) A-1, B-5, C-2, D-3
- b) A-2, B-1, C-1, D-5
- c) A-5, B-2, C-5, D-4
- d) A-3, B-1, C-4, D-2

(1 Score)

3A.



Write about any one of the sculptures given above, or any other public space sculpture you are familiar with, or a sculpture you have created, based on the following indicators.

Indicators: Idea/Concept, Medium, Method of construction.

OR

3B. Suppose you are in charge of preparing the badge for this year's Festival of Excellence (Mikavutsavam). Write the name of another printing method that can be utilized other than digital printing, and explain the method of printing the badge using that technique. (2-Score)

4A. Suppose you get an opportunity to sing a song using karaoke as part of the school's annual day celebration. Explain the preparations for the performance.

OR

4B. Find and write the missing parts in the Swaramala (Musical Scale).

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(2 Score)

5A. Makeup and costume design play a major role in determining the age of characters. Prepare a note on makeup and costume design with an example based on any film you have seen to justifying the statement.

OR

5B. Preparations that take place before the beginning of a film shooting is called 'Pre-production'. What are the pre-production stages in film making? Explain.

(2 Score)

6. Some areas related to drama/theatre are listed below: Playwriting, Direction, Actors, Stage Setting, Costume, Makeup, Music, Lighting Control, Props, Choreography, Publicity Art. Write how any four of these areas are interrelated in a drama presentation.

(2 Score)

7. You must have seen various dance forms. In many of them, an idea is communicated through dance using facial expressions (Mukha Abhinaya), eye movements (Nethra Abhinaya), hand gestures (Mudras), and footwork. What are the preparations required when expressing an idea as a dance?

(2 Score)

8. A Large classroom in your school needs to be set up as an Art Lab. What all facilities should be included in the Art Room, for practicing, displaying, and presenting various art activities in the five areas of Arts Education textbook: Painting-Sculpture, Music, Cinema, Drama, and Dance?

Example: Sculpture - Medium, facilities for storing them, tables and chairs designed to be arranged for students to create sculptures and hold sculpture exhibitions as needed, materials for making armatures, tools required for making sculptures, etc. Write about the factors required for the other areas following the same model.

(3 Score)

A**SAMAGRA SHIKSHA, KERALA****E 9001 WM****SUMMATIVE ASSESSMENT – III - 2025-26**

Class : IX

Work-Integrated Education

Score : 15

GREEN TECHNOLOGY SOLUTIONS FOR WASTE MANAGEMENT

1. Which of the following are eco-friendly methods?

Statement 1: Reuse of waste materials

Statement 2: Recycling of waste materials

Statement 3: Composting of organic waste

Statement 4: Burying of inorganic waste

- a) Statements 1, 3, 4 are correct
- b) Statements 2, 3, 4 are correct
- c) Statements 1, 2, 3 are correct
- d) Statements 1, 2, 4 are correct

(1 Score)

2. Match the given items in the table and choose the correct option.

Machine	Use
A. Rotary crusher	1. Separates coco-peat
B. Baling machine	2. Crushes coconut husk
C. Defibring unit	3. Chops organic matters
D. Shredder	4. Binds and compacts coconut fibres

- a) A-3 B-1 C-4 D-2
- b) A-2 B-4 C-1 D-3
- c) A-4 B-3 C-2 D-1
- d) A-3 B-2 C-4 D-1

(1 Score)

3. What is the role of inoculum in the treatment of organic waste?

(2 Score)

4. What materials are used in the bio-filters of sludge treatment systems?

(2 Score)

5. 'Designing a bio-waste management system for an area is one of the most inevitable things for a waste-free environment.' Answer the following questions based on the above statement.

- a) What is the importance of estimating the weekly production of bio-waste?
- b) Which university in Kerala is doing advanced research in microbiology related to waste management?

(2 Score)

6. Suggest any two waste management methods that can be implemented in our homes.

(2 Score)

7A. What are the main parts of a model biogas production unit? What is the size ratio between them?

OR

7B. What is the main difference between a domestic biogas unit and the Deenbandhu model biogas unit?

(2 Score)

8A. 'Vermicomposting is a value-added form of organic fertilizer production. It is also an enterprise.'

- a) How does vermicomposting become an enterprise?
- b) Why is vermicompost considered a nutrient-rich organic fertilizer?

OR

8B. a) What are the main stages in the route - map of the organic waste management?

b) Write any two examples for the bio- fertilizer production designs.

(3 Score)